

---

***Carmel College Operational Policy 08:  
Managing Challenging Behaviour and Physical Restraint***

---

## Special Character statement

*Our college is the Catholic Church in action, an authentic expression of the Church's mission. Therefore, our role as a Catholic college, is, above all, to be a place where every member of this learning community can encounter the living God and our focus is on helping to form Christ in the lives of others. We do this through the Catholic and Mercy traditions.*

## Outcome statement

To minimise the effect of challenging behaviour, the Board of trustees shall ensure that effective procedures are in place around the management of student behaviour and the use of physical restraint.

## Scoping

This policy applies throughout the school.

All staff are required to familiarise themselves with Ministry of Education guidelines for registered schools in New Zealand on the use of physical restraint and to undertake appropriate professional development.

The Board will ensure that any incident of physical restraint is notified to parents or caregivers and reported to the Ministry of Education. The Board will ensure that parents or caregivers are notified if physical restraint is an element in a student's individual behaviour plan.

Complainants with concerns regarding use of physical restraint must follow the school's prescribed concerns and complaints procedure.

## Delegations

The Board delegates to the principal:

1. responsibility for ensuring that adequate staff training and support is in place
2. the reporting of incidents of physical restraint to parents, caregivers and the Ministry of Education
3. notification to parents and caregivers if an element of physical restraint is in a student's individual behaviour plan.

## Expectations and limitations

1. Physical restraint is defined as using force to prevent, restrict or subdue the movement of a student's body or part of the student's body and is a serious intervention.
2. Staff shall be well versed in prevention and de-escalation strategies used to limit the need to physically restrain a student.
3. Use of physical restraint is limited to teachers or authorised staff members and only where:
  - a. there are reasonable grounds to believe that there is a serious and imminent risk

- to the safety of a student or of any other person
- b. the restraint used is reasonable and proportionate in the circumstances.
4. Authorised staff are employees authorised by their employer (the Board of trustees) to use physical restraint.
  5. Teachers and staff members who are authorised to physically restrain students shall receive suitable training and support.
  6. Seclusion of students is prohibited. Seclusion of students is defined as placing a child or student in a room involuntarily, alone and from which they cannot (or believe they cannot) freely exit.

## Procedures/supporting documentation

1. Child Protection policy and procedures
2. Concerns and complaints policy and procedures
3. EOTC policy and procedures
4. Online safety policy and procedures
5. Health and Safety policy and procedures

## Monitoring

Any instances, matters or risks in relation to this policy shall form part of the principal's Board of Trustees' report, taking care that individuals cannot be identified.

The principal shall provide an annual report on the use of physical restraint in the previous year, identifying trends and making recommendations for improvement.

The Board shall monitor the use of physical restraint, looking for trends and any action that could be taken at governance level to support reducing such incidents.

## Legislative compliance

[Education Act 1989](#)

[Education \(Physical Restraint\) Rules 2017](#)

[Health and Safety at Work Act 2015](#)

Date reviewed:	March, 2019	Next Review:	March, 2021
BOT chair signature:			