# Sport Report Term 1 2022

## Engage. Enjoy. Excel

Another unprecedented Term 1 with Covid 19 impacting the duration and timing of events for both summer sports and winter sport trials and preparation. We have been lucky to be able to have sport running at a lower level under the current restrictions of 'No spectators' and adjusting all our sports to be able to happen either in smaller groups or across a longer time span.

The cancellation of school events such as Swimming Sport and Summer Tournament week were an unfortunate side effect of Covid again in Term 1.

**Engage -** Having the school community being visible in their support of sport through empowerment of students, coaches and volunteers and effective communication to all stakeholders.

**Goal 1** To commit to processes for Carmel Sport to have strong community ties with both students and the wider community.

Term 1 has been a very busy term with the extension of summer sports and constant disruption with students being impacted directly or indirectly with Covid. We have had to extend our trials across multiple weeks instead of days to allow for students to attend. Sports continue to have consistent engagement and participation levels, though a noticeable drop in participation levels among senior students for organised sport is certainly a trend.

**Goal 2&3:** Focus on celebrating sporting success in assemblies, newsletters and providing recognition for athletes and teams throughout the season on a Carmel sport facebook page, athletes and teams profiled throughout the year. Student Sports council to provide weekly opportunities to access sports for all students during school time.

Our focus continues to be on engagement of students with planned activities being run each lunchtime for the first 2 weeks of term and then continued one each Wednesday and Friday lunchtime These were delivered by the Sports Council students with 40-75 students in attendance each day.

Carmel College Sport Facebook page is regularly updated and has a post reach of 2000 and our Carmel College Sport Instagram which is aimed at our student body has over 1100 followers. We receive information from parents and students and attend regular sports events which enable us to regularly update our social media platforms. Google classroom, Parent Paperwork and the school newsletter are now the established methods of communication and are proving to be effective ways to communicate with external stakeholders. Facebook is used to publicise any activities our students have success in and for advertising trials and what's happening in sport this week.

We have a sports assembly online in Term 1 to promote sports and events. They are proving to be a highly effective method of reaching our students and publicly acknowledging their achievements. These continue to be led by the Heads of sport and celebrate students representing the school and their successes.

<u>Enjoy-To build a larger base of students playing and enjoying quality sport</u>
<u>experiences.</u>

**Goal 1 -** To provide an environment for students to have fun, learn new skills ,be fit and healthy, have a sense of fair play and to be able to spend time with their friends by providing intra school sport opportunities alongside organised sport.

With the insecurity around organised sport at the start of Term 1, we moved our summer social volleyball league back to Carmel as an intra school activity. This was a 6 week block that was well supported by 81 students. We will continue with intra-school Badminton, starting in Term 2, with 12 teams already entered meaning we are at maximum capacity.

Ava and Bridey (HOS) attend regular zoom meetings for Harbour Sports Secondary School Sports Council where they are provided with opportunities to work with other school sport leaders. The focus this year is on developing leadership to adapt to a new way to grow sports council activities.

We have \$6K of Harbour sport funding to assist with the growth and development of our Sports Council related activities. The funding will be used to update our Jump Jam licences, running 2 Les Mills classes free after school in Terms 2 and 3 and attracting new students to active recreation at school with no limitations on cost, transport etc. as well as providing quality equipment for Sports Council lunchtime activities.

Goal 2: Being able to demonstrate sustainable and transparent pathways within sport.

Coaches have been appointed for all core 6 sports. They are experienced and able to deliver a quality sports programme across a shorter season if required. The coaches appointed are all on fixed term contracts and will be paid according to their contracts till the end of the 2022 season.

35 sports trials had been planned and executed across the last 9 weeks. We have teams to compete in both Term 1 summer sports and Terms 2 and 3 winter sports. We were disappointed that the Yr 7 and 8 zone days were cancelled due to the Harbour Intermediate zone day committee not willing to work within the guidelines and choosing to not go ahead while in the red setting. However, plans are afoot to join with other intermediate schools to offer mainstream sporting opportunities for these year groups so they don't continue to miss out.

All Yr 9-13 sports are now underway, with sporting organisations and schools willing to work within the guidelines to deliver a competition.

The numbers are stable across our organised sports for 2022 and we have new sports emerging for one off competitions. The Year 12 group continues to be an issue with little or no participation from these girls, a trend that has been evident since Year 7 with this cohort.

Netball 30 teams (increased by 1 (Yr 7) from 2021)
Basketball 6 teams (same as 2020/2021)
Waterpolo 5 teams (same as 2020/2021)
Volleyball 11 teams (increased by 2 teams)
Football 3 teams (same as 2020/2021)
Hockey 6 teams (increased 1 team due to Yr 7&8 moving to 7 a side)

**Goal 3**: Provide transparent sports pathways.

Carmel was represented by the following sports in Term 1.

11 Volleyball teams	81 girls
3 Yr 7&8 Basketball teams	25 girls
5 Water Polo teams	49 girls
1 Touch team	12 girls
8 Beach Volleyball teams	16 girls
1 Tennis team	8 girls

Swimming zones (NH) Swimming zones (AKL)	2 girls 1 girls
Cheerleading	15 girls
1 Tag Football team	12 girls
Athletics Zones Harbour Athletic zones Auckland	N/A 3 girls
Dragon Boating, Swimming, Cricket	Cancelled at NH level due to Covid

**Goal 4:** Volunteers to have ongoing support from the School and to have access to ongoing education for their sport.

We have an umpiring course underway and a few of our coaches are also attending netball coach development courses and basketball courses for score bench.

Coaching courses for our 30 Netball and 18 other sport student coaches have been planned for this Wednesday. However, due to Covid impacting the Harbour Sport facilitator, this has now been delayed until Term 2.

We have 20 volunteer community coaches engaged in our sports programme across all levels of sport and 7 of these are former students returning to give back to the school.

Development programmes are highly recommended for students wishing to continue to grow their skill sets. Netball, Hockey and Volleyball all provide extra opportunities to train at school through coaching clinics.

### **Excel** - Ongoing development of a 360 degree sports programme

**Goal 1:** All other sports outside of Core 6 sports recognised as emerging sports.

Growth in Sports supported by parent coaches, particularly in Touch, Tag, Cheerleading and Equestrian.

Goal 2: To attract and retain high calibre coaches for all super 6 sports.

Basketball, Netball, Hockey and Football have contracted coaches in place through to the end of 2022 season. Volleyball and Waterpolo have completed their 2022 contracts with both positions to be advertised for Term 4 start.

**Goal 3:** Coaches at Junior and Senior levels with a focus on developing depth across those sports.

With big gaps starting to emerge in the junior sector of sport, due to the past 2 years and incomplete seasons, we are starting to see reduced skill deficits across the fundamental skills (running, jumping, catching). We will need to address this through ensuring quality coaching and programmes on offer are available and to continue to upskill student coaches to help reduce the impact going forward. We will look at spending on skill based programmes over the next 2 years and, with all the work being done in the sport and recreation sector across the country, on the impact of activity on wellbeing and promoting the getting active components is now a paramount focus moving forward <a href="https://sportnz.org.nz/get-active/ways-to-get-active/">https://sportnz.org.nz/get-active/ways-to-get-active/</a>

Adult Coaches are in place for the following teams to work towards developing depth.

Netball - Senior 1, 2, 3, Y9 team 1, 2 and Yr 7 team 1 and 2, Year 8 team 1 and team 2 Basketball - Senior 1, U15 A and Yr 7 and 8 A and B Football - 1st X1, Dev X1, Yr 7 and 8

Hockey - 1st X1, 2nd X1 Water Polo - Senior A Volleyball - Senior A and B, Junior A and B

#### Update: Results of significance

Waterpolo -8th in Auckland Premier league

**Volleyball**- 1st NH super league, 3rd in Auckland Champs Div 1. Zion Tibbotts named in the AKSS Tournament team.

#### North Harbour Representative players.

U15A Kalea Norton, Lani Rawle (NZ U15 Tournament team) U15B Eva Mene Tuimavave, Aliya Rawle, U17A Lani Rawle, Kalea Norton U19A Zion Tibbotts, Losalio Naufahu

Touch- 3rd Auckland wide premier league.

#### Beach Volleyball-

Kalea Norton NZAGC U17 Gold medalist. Zion Tibbotts/Kalea Norton 1st Yr 12/13 NH Secondary schools Lani Rawle/Kolotile Naufahu 1st Yr 11, Eva/Grace Chitty 2nd

#### **Basketball**

Our senior Basketball team had their promotion relegation game against One Tree hill on Friday night winning 65-42 to stay in the Auckland Premiere grade for 2022.

#### Equestrian:

1st place in NISS show jumping overall team

#### Our core sport updates:

Basketball-Auckland prem league home and away games in Terms 2 and 3.

Hockey -1st and 2nd x1 games at NH Hockey on Thursday night 3rd X1 and Yr 7 and 8 now 7 aside on Friday night/Saturday morning.

Netball-NH prem grade Saturdays Terms 2 and 3 at Netball North Harbour

Volleyball-Seniors finished juniors to start Term 3

Waterpolo-Seniors nationals to be completed in holidays and juniors/intermediate to start Terms 2-4 Football -1st X1 and Dev X1 to play Wednesday Terms 2&3 (Venue tbc as our field is not correct size so we will be allocated a ground by college sport)

#### Sport summary Term 1:

We have been able to access funding for 2022 to continue to provide equipment and support for our sports council activities and to help us start some active recreation classes in Term 2.

Currently operating with many sports relying solely on the sports' department for support, transport and team management to play sports for school. We would like to see more staff and parental involvement to support students.

I put out an EOI to all staff to help with sport in some capacity. There were 6 responses to assist. NZSSC sport report shows we are currently tracking higher than the average school for participation with 49% but lower for staff involvement with 11% of our staff involved in regular sport competition compared with the average across North Harbour of 24%.