

3 Ways to start the conversation about sexting with your tweens and teens

For many parents of tweens and teens, sexting can be a big concern. One of the hardest parts is talking about it with your kids.

How do you bring it up? How do you let them speak without forcing your own opinions on them?

Here are 3 useful questions that might help you start the conversation about sexting with your child.

“What types of images and videos do you think are ok to share and what type of images are not ok to share?”

Remember to let them speak while you listen. Share your own ideas on this also but be careful not to cut your child off or to be too forceful, this can make them close up completely.

“What would you do if you were asked to send images of yourself to someone online?”

Peer pressure can play a big part in how tweens and teens act and behave and why they do certain things we wish they wouldn't. Ensure your child is comfortable with saying no.

“Do you know what the consequences can be if an image is sent to someone else online?”

Once an image is sent online, your child no longer has control over what happens with it. Images can be sent to others, shared on social media, and be used to create fake profiles and for fraudulent purposes. Help talk through these consequences with your child so they understand what can happen before they hit send. This is also a great time for talking about consent.

It's important to make your child aware of the risks of sharing online and how to protect them from these risks. As your School, we are always here to support you and we encourage you to come to us with questions or concerns you may have on this topic.