Holiday Tip For Parents: Time To Change Your Passwords

As we get ready to close out Term 4 and prepare for some much-deserved rest and relaxation, our partners at Safe on Social have a friendly housekeeping tip for all parents: December is the perfect time to update and reset your family passwords!

With recent headlines, we all have seen the importance of keeping our information safe and we find the end of the year is the perfect time to refresh and secure your passwords.

Why? We often create passwords that are easy for us to remember - birth dates, kid's names, pet's names - and then we tend to make it the same for everything that we log into - which leaves you and your personal information wide open for a security breach.

Safe on Social encourages you to change your passwords often and has included a few helpful tips below to action within your family before the holidays.

Tips For Creating Strong Passwords:

- Mix it up. Include a mix of capital letters, lower-case letters, numbers, and symbols to ensure the password is harder to crack. Or better still use a passphrase – a sentence that you can remember that includes numbers and letters.
- Change it often. Experts recommend changing your password every 60 to 90 days, making school holidays the perfect reminder to update your passwords.
- Get your kids involved. Remind your kids to keep passwords private! We all know kids like to share. It's common practice for them to share Netflix accounts, Spotify passwords, and even debit card pin numbers. Make sure they know how important it is that their passwords remain private. It stops their accounts from being hacked into and information stolen or being posted without their consent.

We continue to support these teachings and discussions around online safety in school through Safe on Social's ESAFETYHQ School Program we have rolled out this year and into next. We look forward to continuing to educate and help support our parents and carers in keeping our children safe online.